



Newsbites - September 2010



special

Welcome to our newsbites special on **GET IT ON**.

This edition aims to give you an overview of GET IT ON (GIO) in Hampshire including:

- Update GIO training sessions
- The website
- Publicity
- The community condom scheme, including the GET IT ON card.
- Condoms for schools

We are planning some **update sessions** in the Autumn term aimed at anyone who is GIO trained and particularly those who trained over a year ago. The sessions will be 2 hours long and will give updates on the scheme, the guidance, paperwork etc.

You are invited to sign up to one of the sessions (preferably the geographical area you work in but feel free to attend any session) by contacting teenagepregnancy@hants.gov.uk

7 th October	Andover	1.00-3.00pm
11 th October	Havant	10.00-12noon
12 th October	Eastleigh	10.00-12noon
20 th October	Aldershot	10.00-12noon
4 th November	Gosport	9.30-11.30am
10 th November	Alton	9.30-11.30am
18 th November	New Forest	9.30-11.30am
29 th November	Fareham	9.30-11.30am
13 th December	Basingstoke	10.00-12noon

The GET IT ON website

www.getiton.nhs.uk – Your guide to local sexual health services in Hampshire

The [GET IT ON website](http://www.getiton.nhs.uk) has been developed by NHS Hampshire in partnership with Hampshire Teenage Pregnancy Partnership and with local young people. The aim of the website is to provide an online resource listing all NHS sexual health services in Hampshire including contraception, sexually transmitted infections (STI) testing & treatment services, emergency contraception (morning after pill) and local abortion providers. Young people can also find out where and how they can access free condoms, pregnancy testing & Chlamydia screening locally. Young parents and parents to be can find where their local groups meet.

The website has been designed to ensure that people can find local services easily by either using the district map of Hampshire or by using the '[find services in your area](#)' tab. Each district page has information on location & opening times of sexual health clinics in that area. The district page also lists all the pharmacies that offer **free** Emergency Contraception, including to those under 16 as well as those pharmacies where young people (aged 15-24) can pick up a free chlamydia screening kit. Some pharmacies are now able to offer free condoms under the GET IT ON c-card scheme.

The home page of GET IT ON has links to useful national sites such as Parentline Plus, FRANK and Alcohol Know your Limits as well as to local sites such as 'Are you sorted' offering health information to young people in Portsmouth and 'Protect Yourself' the sexual health services website for services in Southampton & South West Hampshire.

The [home](#) page also has featured & general news articles, where information on all matters relating to sexual health is regularly posted. This year we have had features on the [syphilis](#) outbreak amongst young people in SE Hampshire, World Aids Day, accessing services over public holiday and information on dealing with [unwanted sexual attention](#).

GET IT ON also has a page just for you, your very own [professionals' page](#) where you can find latest teenage conception data, download the SRE training calendar, the new reintegration guidelines or the Hampshire comprehensive sexual health needs assessment report and find the contact details for the NHS Hampshire Resource & Campaign Service (the place where you get free condoms, sexual health posters & leaflets, amongst many other resources).

In May 2010 GET IT ON launched its own twitter and facebook page. Check out:

www.facebook.com/getitonhampshire

www.twitter.getitonhants

With the help of a youth worker in the New Forest we soon had over 200 friends on facebook. But we want to recruit more people to the facebook page and that's where you come in. We want to use these sites to communicate with the public on sexual health, especially on proposed plans to change local sexual health services. In order to do this we need to get the GET IT ON facebook/twitter pages out there and known about and linked through as many individuals, youth groups, organisations, professionals as possible to ensure we can reach a wide as possible audience in

Hampshire. So don't ask what GET IT ON can do for you but ask what you can do for GET IT ON! The challenge is to have 1000 people linked to the facebook page by Christmas, we believe that it can be done, only 757 left to go.

5 ways to promote www.getiton.nhs.uk & GET IT ON facebook/twitter pages to young people and to your colleagues:

1. Add a link to www.getiton.nhs.uk to your agency/organisation website – use one of the logos/buttons provided
2. Link to the facebook page – ask your friends/colleagues/young people to link to www.facebook.com/getitonhampshire - spread the word!
3. When a young person asks you a question about a sexual health service, show them the site and the facebook page and give them a GET IT ON card or sperm keyring (all publicity available from the [resource and campaign service](#) or Hampshire Teenage Pregnancy Partnership)
4. Add the web address to your email signature and invite all receiving an email from you to check it out!
5. Have a look at the website; check out the service information for your area. Is it correct? Spot a typo or something wrong then contact the site so we can amend the error. We are only as good as the information we can provide so help us keep it up to date

GET IT ON community condom scheme

The aim of the scheme is to increase the availability of free condoms to young people and to encourage young people to access advice and services around SRE and sexual health. The community scheme is not a replacement for specialist sexual health services and all discussions with young people (male and female) should consider access to contraception and signposting to local contraception services.

In order to distribute condoms under the community scheme, workers must complete the GIO training and agree to work to the GIO guidance (previously referred to as protocol). All workers that have been trained will shortly be sent the updated guidance.

Under the scheme workers can give free condoms to young people aged 13 years and over who they assess to be Fraser competent. The scheme does not allow those aged under 13 years to access condoms as in line with the Law, young people under 13 cannot consent to sexual activity. Young people under 13 seeking help and advice should be supported to access help via a specialist sexual health service. (please see section below on condoms for schools as young people can be given condoms for teaching purposes under the age of 13 years).

The GET IN ON c card is a key part of the GET IT ON scheme and has proved popular with young people. The card is given to a young person once they have been assessed as being Fraser competent. The card allows that young person to access a limited number of condoms (usually 6) per week from any GET IT ON venue without having to undertake a condom demonstration every time. Some pharmacies are now distributing condoms to young people who present the C Card, visit www.getiton.nhs.uk/districts to find which pharmacies are doing this in your area. Be aware that participating pharmacies will only give out free condoms to young people presenting a C Card. Should the young person lose their card, they will have to request another one from a trained worker. If the worker has concerns that the

young person may not be Fraser competent then they will undertake that assessment regardless of whether the young person has a card or not.



All workers that have completed the GET IT ON training can issue the GET IT ON card.

Agency policy

It is important that all practitioners are aware of their agency policies that relate to SRE. All agencies should have a child protection policy and provide appropriate training to support this. Within Hampshire, a number of agencies already have or are working towards a framework or policy that relates to SRE, confidentiality and sexual health. These policies provide clear guidelines and protocols on how staff should deal with situations relating to giving advice to young people on relationships, sexual health and the provision of condoms.

Not yet Get It On trained?

For those of you who are not yet get it on trained, but wish to become a part of the scheme please note that you will need to undertake our Sex and Relationships Education Universal 1 and 2 courses in order to undertake the Get It On condom training. Information can be found at: <http://www3.hants.gov.uk/learningzone/> or alternatively email: cs.nominations@hants.gov.uk for more information.

Monitoring Forms

Everyone who distributes condoms under the GIO scheme must complete GIO monitoring forms which must be returned to access more condoms. In order to undertake a stock take of the number of condoms given out, everyone currently distributing via the scheme will be contacted and asked to return their **current forms on 30th September 2010**. This will be ALL forms, regardless of whether the current condom supplies have been used up. It is very important that this stock take is completed as we need to fully understand how many condoms are being distributed to young people versus the number of condoms sent out to distributors.

Publicity for GET IT ON.

Available from the NHS Hampshire Resource & Campaigns Service and HTPP office:

- A4 posters (4 designs)
- GET IT ON information credit cards
- GET IT ON c cards – to use on the scheme
- Sperm keyrings

Condoms for schools

Hampshire Teenage Pregnancy Partnership provide condoms for schools / educational settings for teaching purposes. This is open to all educational providers. As of September 2010, all orders for condoms for schools will receive the following:

- Condoms (1 per pupil)
- One classroom set of SRE / sexual health booklets (usually max 30)
- GET IT ON publicity credit card size (1 per pupil)
- GET IT ON publicity sperm keyrings (1 per pupil)
- A copy of the GET IT ON website quiz to be used in lessons / set as homework task to enable young people to navigate the website and find local services. Once finalised the quiz will be available to access via the website for use in sessions.
- Condom demonstrators are available on loan if required.

Please see attached letter and order form to pass to educational colleagues.

Hampshire Teenage Pregnancy Partnership, Eastleigh Community Enterprise Centre, Unit 3, Barton Park, Eastleigh SO50 6RR, tel. 023 8061 4179/5723, fax. 023 8061 4191, email teenagepregnancy@hants.gov.uk.

11 October 2010

teenagepregnancy@hants.gov.uk

Dear Colleague

Re Annual Offer of Condom Supplies for Teaching Sessions during 2010/11

Hampshire is committed to continuing its drive to reduce teenage conceptions and improve the sexual health of young people. We are delighted to be able to tell you that once again, we have been able to purchase condoms for teaching purposes. By providing these condoms free of charge alongside teaching materials we hope that you will be able to deliver an interactive and practical session for your pupils as well as support your SRE work for the current academic year.

From September 2010 each order for condom for schools will receive:

- one condom per pupil
- a class set of 30 FPA leaflets, 'Love, Sex, Relationships' (or equivalent leaflet). The leaflet provides advice on both contraception and sexually transmitted infections. It includes illustrated instructions on the use of condoms.
- Credit card sized information cards advertising the 'Get It On' website,

<http://www.getiton.nhs.uk> The Get It On website is accessible to all schools and we would ask that you promote this within the lesson as it provides invaluable information to young people and practitioners around sexual health services in Hampshire.

- A sperm key ring advertising the 'Get It On' website for every pupil
- A GET IT ON website quiz (also available to download from the website). The quiz can either be used in the lesson or set as a homework activity.

We are also able to offer condom demonstrators on loan.

The enclosed order form can be used any time, however wherever possible please order the half term before required. Please pass the form to the most appropriate member of staff if necessary. Please return the form either by post, fax or email to the address at the top of this letter. The HTPP office is on the HCC courier route and your condoms will be sent via this route unless you wish to collect them.

Please remember that you can access help, support and free SRE materials by attending your local 'Health and Well-Being Forum' (previously Drug / SRE forum) which meets termly. Each forum will have a topic focus but also provides the opportunity to share good practice, network and meet other agencies who may be able to support your SRE programme in school. Contact karen.spooner@hants.gov.uk for more information on the forum in your local area.

Yours sincerely

Jayne Shelbourn-Barrow,
Strategic Manager, Teenage Pregnancy



Condom Supplies Request Form – 2010/11
(may also be used as a fax form)

TO:	Information & Admin Officer Hampshire Teenage Pregnancy Partnership, Eastleigh Community Enterprise Centre, Unit 3, Barton Park, Eastleigh SO50 6RR Tel: 023 8061 4179 Fax: 023 8061 4191 Email: teenagepregnancy@hants.gov.uk		
Fax No	023 8061 4191		
Date →		No. of Pages	1 of 1

FROM		YOUR DETAILS	
First Name		Surname	
Job Title			
Your email address:			
School Name and Address			
Postcode			
Courier Route No.			
Delivery address for Condoms.			
Telephone No.		Fax No.	

PUPILS' DETAILS (For the whole academic year 2010/11)	
Year group for which condoms required	8 / 9 / 10 / 11
Number of pupils in this year group	/ / /
Anticipated date of teaching session(s)	/ / /
Class set of 'Love, Sex, Relationships' required?	
Sperm key rings?	
Loan of condom demonstrators required?	Y / N No required:

Please post, fax or email this order form to Teenage Pregnancy: Fax: 023 8061 4191

Office use only No of packs and type: Dispatch date:
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