

# Hampshire Young Carers Initiative E-News

*Winter 2010*



Welcome to the Winter 2010 edition of Hampshire Young Carers Initiative E-News. This edition is packed full of information and resources that we hope you find useful, if you have any information you would like added to future editions please contact us [Gunhild Chifunda](#)

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## News from Include in Hampshire

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### **Join up to support young carers and their families!**

In Petersfield the Include team are supporting The Grange Surgery to invite other agencies in the locality to join up to improve support for young carers and their families.

Two multi agency meetings have been held at The Grange Surgery with representation from The Petersfield School, The locality team, Extended Services and the local Young Carers Project.

In addition to the multi agency meetings bespoke training is offered to all the agencies. Training has been delivered at the Petersfield School and at the GP Surgeries. Joint training for adult services and children's services is scheduled for the 1<sup>st</sup> of February 2011 at the Tillbrook Centre

**If you are based in Petersfield and would like to know more about Joining Up in Petersfield please contact Christine Slatcher or Toni-Marie Smith.**

**If you would like to know how Joining Up is progressing in your area please contact Gunhild Chifunda**

### **A message from YC Voices Hampshire Young Carers Forum**

We have been working on a DVD about why you need to work together to support our families as a whole.

We have been busy script writing, filming, acting and animating. We will be launching our DVD in February so please **look out for your invitation to this exciting screening event.** We look forward to seeing you all. If you want more information on YC Voices please contact Gunhild Chifunda.



**A better childhood. For every child.**

[www.childrenssociety.org.uk/youngcarer](http://www.childrenssociety.org.uk/youngcarer)

## Seasons greetings to all our colleagues in Hampshire.

Thank you for all your support for young carers and their families in 2010. We look forward to continue working with you in 2011.

Please do not hesitate to contact us if you have any queries regarding supporting young carers and their families.

### Contact Include Hampshire

The Children's Society  
Include Programme  
Unit 4 Calford House  
Wessex Business Park  
Wessex Way  
Colden Common  
SO21 1WP

Tel: 01962 711 511

Fax: 01962 711 512

Gunhild Chifunda – [gunhild.chifunda@childrenssociety.org.uk](mailto:gunhild.chifunda@childrenssociety.org.uk)

Christine Slatcher – [christine.slatcher@childrenssociety.org.uk](mailto:christine.slatcher@childrenssociety.org.uk)

Toni-Marie Smith – [toni-marie.smith@childrenssociety.org.uk](mailto:toni-marie.smith@childrenssociety.org.uk)

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## The Children's Society Other News

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### Highlights from 2010!

Seasons Greeting and a Happy New Year from the Include Project, as a celebration of all that has been accomplished this year we have put together a list of the top achievements of this year:

- The National Young Carers Forum was awarded a BT Seen & Heard Awards 2009 Example of Excellence.
- Young people questioned the new Under-secretary for State for Children and Families, Tim Loughton MP, at the National Young Carers Festival.
- The National Young Carers forum shared their views with over 600 professionals at 5 'Whole Family Working' conferences throughout the year.
- Young people met with representatives from ADASS to share their views on the Memorandum of Understanding.
- Hidden young carers, including those affected by parental HIV, mental ill health, substance misuse and from BME, refugee and asylum seeking families have shared their views and input into the development of training packages, policy and resources.

### The National Young Carers Festival 2011 24th -26th June

Booking packs will be sent out in January to all Young Carers Projects that have previously attended the Festivals. If your project does not receive your pack or you have any questions about booking please contact YMCA Fairthorne Manor. Email [info@ymca-fg.org](mailto:info@ymca-fg.org) or call 01489 785228

### New Google maps tool added to [www.youngcarer.com](http://www.youngcarer.com)

We have added an interactive map for projects that work with young carers, however, projects will need to check if their information is correct. Please [click here](#) and check your projects information

### Whole Family Working Conferences

The Include Programme delivered 5 national conferences on whole family working, where there is parental mental ill health and/or parental substance misuse and a child is taking on a caring role. [Read More.](#)

### Affecting Change for Families Update

### Upcoming Cluster Days in Yorkshire and Humberside.

The Affecting Change for Families project that works to support young people affected by HIV, specifically where the child is taking on a caring role, is beginning work in Yorkshire and Humberside in January. [Read more](#)

## Manchester Capacity Building Days

In January the Affecting Change for Families project will be running Capacity Building days for professionals in Greater Manchester regarding the support of families affected by HIV. [Read more](#)

## Young Carers Residential

On the 29<sup>th</sup> of October The Children's Society (funded by the Elton John Aids Foundation) took 34 young carers from around the country to the Northampton Rock centre for a weekend of activities and consultations. Please [click here to view a newsletter](#) written by one of the young people. In addition, if you would like to talk to us about our work with families affected by HIV please contact [Helen Leadbitter](#).

## Parents with Alcohol Problems

The Children's Society and Alcohol Concerns 'Swept under the carpet' report suggest that parents with alcohol problems is estimated to affect 2.6 million children in the UK and lead to neglect. [Read more](#)

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## Other News

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### Andover Young Carers win prestigious award

Andover Young Carers has been announced as one of 103 UK volunteering groups to win this year's The Queen's Award for Voluntary Service, the MBE for volunteer groups. Please read more here <http://www.andoveryoungcarers.org.uk/pdfs/Queens%20Award.pdf>

### BBC / University of Nottingham Young Carers Survey

Survey asked 4,029 schoolchildren from 10 UK secondary schools about their roles in the family - one in 12 said they took on caring responsibilities such as dressing, washing or bathing family members, If the survey reflects the UK as a whole, it would mean there are about 700,000 young carers in the UK. [Read more here](#)

### Government plans to introduce new disability benefit by 2014

The Government plans to reform the Disability Living Allowance (DLA), which measures an individual's 'care' and 'mobility' needs and replace it with Personal Independence Payment (PIP), which will take into account the impact an individual's impairment has on their day-to-day health. [Read more here](#)

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## Resources

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### The Children's Society launch the Good Childhood Index

The Good Childhood Index, which is designed to measure a wide range of factors that affect a child's sense of wellbeing and give a more personal perspective of satisfaction levels. [Read More](#)

### Key Principles of Practice

In 2008 The Children's Society Include Project published the Key Principles of Practice which, are intended to be used to support agencies to respond to the recommendations of national policy that affect young carers and their families in ways that are sensitive to their needs. [Download this resource for FREE here](#)

### Recognised, valued and supported: next steps for the Carers Strategy

The Government has published this cross-government strategy which sets out the governments priority areas for the next four years, to ensure the best possible outcomes for carers and those they support. [Read More](#)

### Cutswatch offers support for the Third Sector

Cutswatch is the official website which is supporting the third sector through spending cuts. It is packed

with case studies, news and free resources. [www.cutswatch.org.uk](http://www.cutswatch.org.uk)

### **Carers and Personalisation: improving outcomes**

A guide on emerging evidence, including examples to illustrate how the principles of personalisation have been applied, emphasising the value of finding ways forward that make sense and work best locally.

[Read more here.](#)

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## **Consultations**

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### **NHS Information and Choice Consultations**

A consultation on choice proposals can be found [here](#)

The consultation on Liberating the NHS: An Information Revolution can be found [here](#)

[Department of Health: Healthy Start](#) - Closing 31 December 2010

[Department of Health: Liberating the NHS: Greater choice and control. A consultation on proposals](#) - Closing 14 January 2011

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*The Children's Society, Include Project, Unit 4, Calford House, Wessex Business Park, Wessex Way, Colden Common, Hampshire, SO21 1WP  
Telephone: 01962 711 511 Fax: 01962 177 512  
Charity Registration Number: 221124*

*If you wish to unsubscribe from this E-bulletin please contact:  
[include-project@childrenssociety.org.uk](mailto:include-project@childrenssociety.org.uk)*