

North and East Hampshire Hub

(Basingstoke & Deane, Hart District, East Hampshire and Rushmoor) 4 Elmwood Parade, Elmwood Way, Winklebury, Basingstoke RG23 8LL Tel: 01256 472767

Information Line - **0844 257 1893** - Open 6pm to 9pm
Tuesday and Thursday evenings



parentvoice.info

South East Hampshire Hub

(Havant, Gosport and Fareham)
94 West Street, Fareham, PO16 0HF Tel 01329 823140

Information Line - **0844 257 1893** - Open 6pm to 9pm
Tuesday and Thursday evenings

Emailing

7th January, 2011

- ◆ **INFORMATION LINE!** This is an important service for parents and carers who find it difficult to call during the day so please do help us to spread the word.
The number is **0844 257 1893** and the line is open 6pm – 9pm on Tuesdays and Thursdays.
- ◆ **IMPORTANT NOTICE** – We are sorry if you have tried to contact us during adverse weather conditions when our offices were closed. Our offices will close in the event of adverse conditions making it unsafe to travel. If you leave a message on the answerphone or email staff they will respond as soon as possible.
- ◆ **CHANGE OF DROP IN TIMES!! REGULAR MONTHLY DROP-INS.** Parent Voice will be holding regular monthly Drop-In Coffee mornings in our district areas which will be open to everyone for support, info and getting together. **These will replace the daily drop-in hours.** Times and dates will be advertised well in advance. You are welcome to make appointments to meet with staff at other times if you need to.
- ◆ Here are the first set of dates for: **BASINGSTOKE HUB DROP-IN SESSIONS** 10:00am– 12:00pm on Wednesday 26th January, Wednesday 9th February, Wednesday 23rd February, Wednesday 9th March, Wednesday 23rd March *Email: shrigowri.muguli@barnardos.org.uk or safi.caraccio@barnardos.org.uk if you want to make an appointment or more information.*
- ◆ **THE GREENHOUSE AT THE QE2 ACTIVITY CENTRE** The Greenhouse is a new vocational day service for people with a learning disability and / or Autism Spectrum Condition. If you know anyone who has a keen interest in gaining work and social skills in a supported outdoor learning environment then please come along to our open days held on: Friday 18th February and Saturday 19th February 2011 10am – 3pm. The Greenhouse currently offers the day service on Monday, Wednesday and Friday 9.30am - 3.30pm. In the near future we will be offering the opportunity of 12 week group block bookings for those who want more flexibility. Further information about this will be available on the Open Days or ring us for an informal chat. If you want to come along to our Open Day, please let us know which day(s) you are attending by email, phone or post (this will aid us with catering provision). Contact qe2greenhouse@aol.com Tel 02380 404844 www.qe2activitycentre.co.uk. QE2 Activity Centre, Manor Farm Country Park, Pylands Lane, Bursledon, Hants, SO31 1BH
- ◆ **SEE THE CHILD** is a not for profit organisation which aims to ensure that children and young people with special needs have access to fun and stimulating activities within the United Kingdom. They feel it is important to see the child first before their disability and by sharing information on other's events and organising their own, they hope to help to achieve this goal. Siblings are encouraged to attend too so the whole family can spend time together in a suitable environment. If you would like See the Child to keep you informed about any events in your area then please go to www.seethechild.com and add your name to their distribution list or email contactus@seethechild.com advising the area you live in.
- ◆ **RECOMMENDATION FROM A PARENT! WHEELCHAIR ADAPTED BIKE SITE.** <http://wythenshawe-wheelers.org> Especially the one with platform at the front. This means a manual Wheelchair can be put straight on the platform and off you go. The problem with the other types is that it assumes that the person can easily transfer.
- ◆ **A NEW GUIDE TO COMMUNICATING WITH PEOPLE WITH THE MOST COMPLEX NEEDS, INCLUDING PEOPLE WITH PMLD.** Commissioned by Mencap, in partnership with the Department of Health forms part of the Valuing People Now work to make sure that people with the most complex needs are included. 'Communication & people with the most complex

needs: what works & why this is essential' can be downloaded at www.mencap.org.uk/communication

- ◆ **MENCAP HAS ORGANISED EVENTS IN 2011 ABOUT CUTS.** The events will be about cuts that could be happening in your area, how we can work together to stop the cuts and what the law says about the cuts. The events are for people with a learning disability, parent carers, Mencap local groups, and anyone working with or for people with a learning disability and their families. The events are being hosted by Luke Clements, who is a legal expert, and is incredibly knowledgeable in rights and law around social care. There will be an opportunity for a free 10-minute 1-2-1 session with Luke Clements to talk about a personal problem/issues anyone may have because of cuts or potential cuts. We don't have many places, so these slots will need to be booked by ticking the relevant box on the attached booking form. The events for the South East region are being held in Hampshire on 27 January and Surrey on 8 March. *For more information please see the attached flyers and booking form, which includes all of the details of where to send the form back to.*
- ◆ **HAVANT CHILDREN'S CENTRES are organizing a SPECIAL EDUCATION NEEDS FUN DAY** at Sharps Copse Children's Centre on Saturday 12th February 11 – 3PM. Do you have a child under 5 with special educational needs? Havant, Hayling Island and Waterlooville Sure Start Children Centres will be hosting a Free Fun Day for you and your family. There will be a variety of free fun activities for the whole family including a circus skills workshop, Djembe drumming, face painting, signing storytelling, craft, children's entertainers, we will be providing lunch and refreshments. There will be a free photo shoot for all families who attend and the opportunity to meet a variety of agencies who could offer support and guidance. You'll also be able to tell us what services you think we should. This will be a day of laughter and meeting great people. For further information or to book a place, please contact one of the team on: Telephone 02392 498 377. Trospacc Children's Centre, Stockheath Lane, Havant, PO9 3BD. Email: tropsacc.cc@hants.gov.uk. Centre Manager: Sue Turle
- ◆ **PAT MARK ASSESSMENTS IN BASINGSTOKE** but coming to your area soon. Please see the attached flyer.
- ◆ **PARLEY (PARENTS AND RELATIVES LISTENING AND EMPATHISING WITH YOU)** are running another competition for families of children with a "medical condition, impairment or disability" to win a week's holiday in France for October 2011. There are 4 gites which can accommodate 2 adults and up to 4 children each. Travel to and from not included. Here is the link <http://www.parleyonline.co.uk/html/competition.html>
- ◆ **BASINGSTOKE CHILDREN'S CENTRES are organizing at PEBBLES CHILDREN'S CENTRE – TIME FOR ME! SUPPORT GROUP.** Every Tuesday 1.00pm – 2.30pm. A weekly group for parents and carers with children aged 0 – 8 yrs with special, additional or complex needs. The group will have time for you and you'll hear from a variety of experts in the field. Creche available in KIDS nursery – please book your place in advance. Contact information. Tel 01256 357028 email : pebbles-cc@hants.gov.uk
- ◆ **ACTIVITIES FOR CHILDREN WITH SPECIAL NEEDS INCLUDING ASD WILL TAKE PLACE FROM 10TH JANUARY 2011 AT POPLEY SPOTLIGHT CENTRE, OLD CHINEHAM PARK PRIMARY SCHOOL, SHAKESPEARE ROAD, POPLEY, RG24 9BP. ALL ACTIVITIES HAVE TRAINED STAFF WITH CRB CHECKS.** Mondays 10-12pm – Gym Tots for children with special needs including ASD - £1.50 for first child and £1 for subsequent children. Mondays 3.30-6.30pm – Drop in and Play for children with ASD and ADHD – £1.50 for first child and £1 for subsequent children Mondays 7-9pm – Youth Club for 11-16s with ASD/ADHD - £1.50 Tuesdays 4-4.45pm – Dance for 4-7s with Special Needs including ASD/ADHD- £1.50 Tuesdays 4.45-5.30pm – dance for 8-16s with special needs including ASD/ADHD - £1.50 Tuesdays 6-7pm – Gymnastics for 8-16s with special needs including ASD/ADHD - £3.50 Tuesdays 7-9pm – 16 + social club for adults with special needs including ASD/ADHD and disabilities - £1.50 Wednesdays 10-12pm – parent & toddler group with support group for parents - £1.50 for first child and £1 for subsequent children Wednesdays – 3.30-5.30pm – family fun – play with wiis, xbox, art & craft, games and toys, table tennis, pool, air hockey - £1.50 for first child and £1 for subsequent children

Wednesdays 4-5pm – Drama and Games for 4-7s with special needs including ASD/ADHD - £1.50
Wednesdays 5-6pm – Drama and Games for 8-11s with special needs including ASD/ADHD - £1.50
Thursdays – 3.30-5.30pm – family fun – play with wiis, xbox, art & craft, games and toys, table tennis, pool, air hockey - £1.50 for first child and £1 for subsequent children
Fridays – 4-5pm – Games and Fun for 5-16s with Special needs including ASD/ADHD
Every other Friday starting 21st January – Youth club for 11-18s with Special needs (joint run by Mencap) - £1.50
Every other Friday starting 28th January – Youth club for 8-11s with special needs including ASD/ADHD - £1.50
All activities are sponsored by Aiming High and Hampshire County Council and Peace of Mind Care. All other activities on website www.popleyspotlightcentre.co.uk where you can download the winter programme.

◆ **PARENT VOICE LEAFLETS/POSTERS.....**would you like us to post some to you for your contacts?

We need to get more parents signed up to our service – the more parents who sign up the bigger our voice. Special appeal to those of you working in the Gosport, Havant and Fareham areas.!

NB!! If you like a stock of leaflets/posters please let us know. We would be very grateful if these could be displayed in waiting rooms and on noticeboards.

We would welcome invitations to coffee mornings, parents evenings, school functions, conferences in order to promote the work of Parent Voice and to support your parents/carers.

