

Teenage Drop-in Health Clinic

Mondays 4.00 - 6.00pm

@ X-Perience Youth Centre

Trinity Street, Fareham, PO16 7SJ

01329 232242



Our **NEW** Teenage Drop-in Health Clinic is open every Monday from 4pm – 6pm @ X-Perience Youth Centre. **There's no need to make an appointment - just turn up!**

Our trained Youth Workers can offer confidential* advice (and testing if needed) about:

- relationships, sexual health and contraception
- weight management, acne and smoking
- mental health, peer pressure and bullying...amongst other things!

And if we think it would be a good idea to talk to a specialist – then we can help guide you (or refer you) to the right professional.

* Young people under the age of 16 have the same right to confidentiality as adults. This means that we don't tell anyone else that you have seen us or any details about you, unless you want us to, of course. The **only** reason we might have to think about sharing details about you with another professional is if we believed that your health, safety or welfare was at risk. But this would **never** happen without discussing it with you first.