



Fareham Volunteer Centre: 163 West Street, Fareham
01329 223 154 enquiries@farehamvolunteers.org.uk
Mon-Thur 9-2 Fri 9:30-12



Be part of the volunteering community – become a volunteer
More information on any of these vacancies is available from the Volunteer Centre

FAREHAM GOOD NEIGHBOURS

Volunteer Visitors

Could you spare a couple of hours a fortnight to be a volunteer “befriender” in Fareham?

Fareham Good Neighbours is urgently seeking more volunteers to visit people in their own homes on a regular basis to offer companionship.

Most of those visited are elderly or infirm and often are almost housebound.

The scheme covers the whole of Fareham borough and volunteers can usually be placed with someone in their local area.

Fareham Good Neighbours is a voluntary body working under the umbrella of Churches Together in Fareham and is affiliated to Community Action Fareham and Shopmobility

OXFAM CHARITY SHOP

West Street, Fareham

Shop Assistant

Can you spare a few hours a week to help sort and price donations and serve customers at the West Street shop to support Oxfam in its work to overcome poverty and suffering around the world

Oxfam Fareham now specialises in selling books, sheet music and high quality bric-a-brac. They would welcome volunteers who are keen readers or musicians to help them sort and price their stock.

MERRYFIELDS CHILDREN’S CENTRE Fareham

The centre provides play sessions, parenting courses, family support, healthcare advice and midwife appointments. They are looking for happy, sociable volunteers who are good communicators with both adults and children.

Parent & Toddler Group Helper

Join the Merryfields team in providing a warm and welcoming environment for families with children under 5. Help run child-centred activities using and developing your knowledge and experience with children.



HIGHLANDS ROAD YOUTH PROJECT Fareham

Youth Workers

This very popular youth club provides fun activities in a safe environment for 40 young people every Friday evening.

They are desperately in need of more help to enable more young people to attend, to offer a wider range of activities and in future to be open more evenings during the week.

Contact the volunteer centre for more information

COMMUNITY ACTION FAREHAM

Fareham

Volunteer Drivers

Own car drivers needed to take older people in Fareham to hospital/GP etc appointments. Mileage expenses paid at 40p per mile.



Fareham Shopmobility

Seeks volunteers to:

- Greet clients
- Deal with necessary paperwork
- Move scooters/deliver scooters to clients as required

Wheelchair pushing – Could you spare a little time to escort clients around Fareham town centre to help break down the isolation felt by housebound individuals and restore links with the local community?

HAMPTON TRUST

Youth Empowerment Scheme (YES) Mentor

Volunteers act as a positive role model for young people to help them achieve their goals and access activities

Commitment: 2-4 hours per week

Training and support given

JUST GIRLS

Young Women's Group Helper

Catisfield

Two groups meet Thursday evenings 5-7pm and 7-9pm (term-time only) for girls and young women 8-13 and 14-18 years old with learning and/or physical disabilities who live in Fareham and Gosport.

Female volunteers help run group activities for the members, including: Craft, music, games and outings e.g. to Go Bowling and the cinema.

Could you help with these or contribute new activities? E.g. Could you braid hair or paint nails? Do you sing or play an instrument? Most importantly - if you are friendly and outgoing they would love to hear from you.

HAMPSHIRE POLICE AUTHORITY

Independent Custody Visitor

Trained volunteers check on the conditions in police cells and the welfare of people held in custody. Visits may be made at any time night or day.

Training and support given

Volunteers must be resident in Hampshire



Volunteer In Early Years Childcare

FIRST PARTNERSHIP

places volunteers in Early Years settings across Hampshire

Volunteers gain experience while supporting paid staff.

Great opportunities for people planning a career in childcare. Bursaries are available for long-term volunteers to take NVQ 1&2 in childcare

GUIDE DOGS FOR THE BLIND

Emergency Boarder for Dogs

Volunteers may be called upon at short notice to house dogs for 1-4 weeks if a guide dog owner is taken ill for example.

Driver

To transport dogs and puppies over various distances

Fundraiser

Join in events and street collections

Puppy walker

Volunteers take a puppy into their home for a year to socialise the dog prior to guide dog training

THE WELL CHRISTIAN CENTRE

West Street, Fareham

Volunteer Helpers are sought to help run the café and bookshop on West Street and the shop in Fareham Shopping Centre to help us provide a warm welcome to all.

Hours flexible



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HAMPSHIRE AUTISTIC SOCIETY

Collections Box Co-ordinator

Distribute and keep records of collection boxes in their area

Minibus Drivers

We are looking for volunteer drivers to help the Society transport our students and adults. This is a flexible opportunity to volunteer at a time that suits you.

You will need a full UK driving licence including category D1. Volunteers who passed their test after 1997 must be 21 and have held a full licence for 2 years.

Mini-bus driving experience would be helpful, but full training and support is available

WESSEX YOUTH OFFENDING TEAM

Community Panel Member

Panel members sit on youth offender panels which aim to prevent young people from re-offending. Volunteers attend panel meetings with the young offender and is/her parents to help address the offending behaviour.

Volunteers must be able to commit to 3 hours per week for at least one year.
Training is given

HAWTHORNE COURT NURSING HOME

Sarisbury Green

Activities Assistant

Support the Activities Co-ordinator to provide lifestyle enhancing activities for the elderly frail and dementia suffering residents.

Activities include bingo and games, arts and crafts and music.

Training given in dementia awareness

HASLAR VISITORS GROUP

Drop-in centre support volunteers

Help support asylum seekers and refugees at bi-weekly drop-in centre in Portsmouth



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FAREHAM & GOSPORT YOUNG CARERS GROUPS

KIDS Family Centre, Fareham

Own **car drivers** and MIDAS qualified **minibus drivers** are needed to pick up and take young people in Fareham and Gosport to outings and activities

HOME-START FAREHAM & GOSPORT

Volunteers offer regular support, friendship and practical help to young families under stress, in their own homes.

Training and on-going support given

MACMILLAN CANCER SUPPORT

Fundraising Committee Chairperson

The committee organises and co-ordinates fundraising events including street collections, throughout the year
This is a management role to lead and organise the fundraising team

Fundraising /Events Volunteers

Committee members with a range of skills are needed for the Gosport and Portsmouth Committees, to help put together a programme of fundraising events and activities to support the work of Macmillan Cancer Care – supporting people living with cancer

HAVE YOUR SAY!

Volunteer from the Comfort of Your Home

If you live in the Borough of Fareham and are **aged 16 or over**, you can register to become a member of Fareham's new **e-panel**.

Fareham Borough Council will be consulting in partnership with other agencies, voluntary and community groups on a number of topics so they can work together to improve the quality of life for residents of Fareham. They need you to let them know what you think, good or bad, so they know where you want them to do better.

For more information visit:

www.fareham.gov.uk/consultation



FAREHAM CONSERVATION VOLUNTEERS

meet Tuesdays and Sundays to carry out practical conservation work around Fareham. Volunteers work in small supervised teams.

Outdoor clothes and sturdy footwear essential.



WALKING TO HEALTH Walk Leaders, Fareham

Walk leaders are keen walkers who like to share the walks they enjoy, with others. Walks can be of various lengths and levels of difficulty as chosen by the Walk Leader.

You will be given training and support by the Walking to Health co-ordinator at Fareham Borough Council

HAMPSHIRE GARDENS TRUST Romsey

The trust aims to protect and sustain Hampshire's gardens, parks and green spaces.

Experienced Magazine Editor

Editor needed for the publication of the trust's 3 magazine issues a year.

COMMUNICARE, LOCKS HEATH

Kitchen Helpers needed at:

Sarisbury Lunch Club which meets every Monday (except Bank Holidays) and **Warsash Lunch Club** every Tuesday

Help is needed to support these popular and successful lunch clubs between 9 and 1:30 to prepare, serve and clear up. Volunteers with catering experience can be involved in menu planning and cooking.

Volunteer teams operate on a rota at least once per month



Lockwood Coffee Shop

Can you help cover a morning session (Mon to Sat) at the Lockwood Centre Coffee Shop, Locks Heath? Volunteers are invited to join the existing team for a weekly, fortnightly or monthly session, preparing and serving light refreshments.

KERSHAW DAY CENTRE

Wynton Way, Fareham

Could you spare some time morning or afternoon to offer company to older people many of whom are frail and have dementia and to share in stimulating activities over a cup of tea?

LEONARD CHESHIRE DISABILITY

Providing services to disabled children and adults through care at home, residential and care centres, independent living units, workability and respite care services to people with Acquired Brain Injury.

Volunteer Befrienders

Befrienders spend time one to one with service users to chat or play games and to assist with tasks such as letter writing, reading etc.

Support given by volunteer-coordinator, service manager and staff

Refreshments Helper

To serve tea/coffee to service users

Events planner/organiser

Are you someone who could organise and plan events from home or community venues? – then Leonard Cheshire Disability needs you!

You will liaise with staff and consult service users to agree objectives and throughout the event planning process.

Events Helper

Volunteers are needed to help support the events organiser with:

Setting up, running and clearing up at events as well as preparing refreshments



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PHA GROUP

Child Contact Centre – based at the Roberts Centre, Portsmouth, - provides supported contact for children to see a non-resident (absent) parent in a friendly environment. Contact takes place in a well-equipped playroom.

Volunteers are asked to help prepare the centre and welcome and support families. They are also asked to help observe family contact.

MOTIV8

Sports Activities Assistant

Motiv8 engages with young people, supporting them to access better life chances to reduce offending behaviour

Active, enthusiastic volunteers are required to help run sport-based sessions in Gosport including football and snooker to promote a healthy lifestyle, personal and social development and team working



HOME START MEON VALLEY Southern Parishes of Wickham

Volunteers offer friendship, support and practical help to parents with at least one child under 5 years old.

Volunteers receive full training before visiting a family once a week for approx. 2 hours
Next training begins Sept '09 for 8 weeks

NEVILLE LOVETT ADULT & COMMUNITY LEARNING CENTRE

IT Tutoring Assistant

Sympathetic, caring, friendly people sought to assist tutor to deliver ICT courses for people with hearing and visual impairments and with learning difficulties and disabilities.

Commitment: 2hour slots at various times

IT skills are useful but not essential. Training offered.



OFF THE RECORD Support Workers/Counsellors

Off the Record provides confidential support services, counselling, information and befriending for young people aged 11-25 with the help of its team of trained and supported volunteer Support Workers.

Support Workers can progress to become one-to-one Counsellors with training and experience

VINVOLVED YOUTH VOLUNTEERING at Portchester Community Centre

Are you aged 16-25? Would you like to have your voice heard?

We have a fantastic opportunity for young people in Fareham to get involved in creating and developing volunteering projects to benefit themselves and their local community: Whether you are in to music, art & design, sport, the environment, IT, drama, media, or want to help children, run youth clubs or learn more about other people - just get in touch and share your ideas.

You will learn how to organise activities and events; including planning; fundraising; promotional work as well as developing great communication skills, managing others and working as a team.

All this while having FUN!

vinvolvedteam

WHAT'S YOUR V?

Are you aged 16-25?
Want to improve or add to your skills?
How about Volunteering?

Contact:

volunteering@solentyouthaction.org.uk
www.solentyouthaction.org.uk

PORTCHESTER COMMUNITY CENTRE Westlands Grove

Can you help the centre manager provide a venue for activities for the people of Portchester?

Office admin Support

Help is needed in the Community Centre office 4-5 hours per week to support the centre manager with general administrative tasks

Trustees

Portchester Community Association is keen to attract new trustees

Skills sought include:

Enthusiasm

Team working

Experience of committee work helpful but not essential

Building experience would be a bonus

This is a flexible role for anyone who wants to help support and develop this important community resource in Portchester.



OAK MEADOW & STRAWBERRY MEADOW CHILDREN'S CENTRES

Tewkesbury Avenue, Fareham

Gardening Volunteer

Help them to create a garden where families in the community can relax, meet and enjoy the outdoors. The centre focuses on the therapeutic value of a garden – to reduce stress and connect with nature

Toy Library Assistant

The Toy & Book Library has a range of toys and books suitable for children ages 3 months to 5 years for use at the centre or to take home.

Can you spare 2-3 hours a week to help keep the stock in good, clean condition?

Parent and Toddler Group Helper

Help the 'Lots for Tots' team to provide toys, activities, singing and play for the 0-5s and a place for their parents to play with them and meet other parents.

PORTSMOUTH AREA RAPE CRISIS

Telephone Helpline Volunteer

Women and men (aged 18 and above) are required to staff helplines open Wednesday and Friday evenings 7pm-10pm, taking calls from individuals who have experienced sexual violation at some time in their lives.

Full training and on-going support given.

REACH OUT MENTORING PROJECT Mentors required

The project seeks enthusiastic people to become mentors for young people leaving care and in the transition to adulthood and independent living.

Volunteers should be able to offer 2 hours per week

Training is provided together with on-going support.

FRIENDS THROUGH PAIN Club Helper

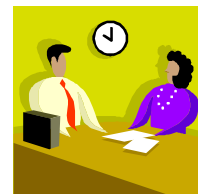
The group meets on the last Thursday of every month in Portchester and provides support in managing pain and seeks to improve lives through education and activities

They are looking for someone to help them with setting up, organising refreshments and clearing away

RAINER WESSEX/MOTIV8

Appropriate Adult Volunteers

After thorough training in Police and Criminal Evidence Act (PACE) guidelines, volunteers support detainees aged 10-16 in police custody explaining procedures and ensuring they understand their rights. Volunteers may be present at searches, fingerprinting, sample taking and during interviews to facilitate communication



CONTACT THE ELDERLY

Hosts

Volunteer hosts invite small groups of older people to their homes for afternoon tea parties twice a year usually on a Sunday

Drivers

Pick up 1-2 older people from their homes one Sunday per month and take them to the host family for tea.

FRIENDS OF HOLLY HILL WOODLAND PARK

Sarisbury

Teams of **volunteer conservation workers** carry out supervised tasks to improve and preserve the wildlife habitat at Holly Hill, Sarisbury Green

Physical work involved using garden tools and other specific tools for which training is given



BRITISH RED CROSS

Medical Equipment Loan Assistant

Volunteers take details of the requirements of the client, match them to the most appropriate equipment and follow the loan paperwork process

Help is needed Mon-Fri a.m. in Fareham and Portchester

VICTIM SUPPORT HAMPSHIRE AND ISLE OF WIGHT

Volunteer Visitor

Visitors contact victims of crime and offer practical and emotional support and information to assist them to overcome/reduce the effect of the crime.

Training and on-going support given

Time: Flexible

THE RAINBOW CENTRE FOR CONDUCTIVE EDUCATION

Fareham

Are looking for:

A holiday cover cleaner to wash-up, sweep and clean floors, Hoover, dust and clean windows

Conservation gardener to keep the wild/conservation garden in order. Hours flexible

Driver – preferably with own van or small lorry – to do ad hoc collections and deliveries of small items and loads

Rainbow Ambassador

To represent the Rainbow centre at a range of locations and events in the Solent region e.g. speaking to groups, school events, community organisations fetes etc. including evening events.

Volunteers will have a thorough introduction to the work of the centre and on-going support including expenses.

ROWANS HOSPICE

Purbrook

Volunteer Drivers

Drivers with their own vehicles are required on a regular or flexible basis to take patients to and from the hospice. Expenses are paid

Volunteers are also sought to help provide assistance in the following areas:

- Reception
- Coffee shop
- Gardening
- Day care and ward care
- Office
- Maintenance and floral team
- Fundraising

LIFE EDUCATION CENTRES

The largest charity of its kind, building partnerships with primary schools and the community as a whole to support and promote recognised best practice in health education.

Fundraising/PR Volunteer

To assist with administration and delivery of mobile classrooms to schools
Some experience of - public relations, legal advice guidance, fund raising, administration, driving, towing mobile classrooms using 4 x 4



Life Education Centres

SAMARITANS

Telephone Listener

Volunteers provide a 24 hour listening service by telephone, email or face to face visits to provide emotional support to people who are experiencing distress or despair including feelings of suicide

- Once trained you will be asked to do a shift of 3 to 4 hours a week with 1 overnight or 2 half-night shifts a month

Full training given over 8 weekly sessions

SOLENT MIND

Appropriate Adult Service

Trained Appropriate Adult volunteers are special resilient and flexible people who act as an independent adult for vulnerable people who have been detained by police or are victims of crime.

Volunteers explain police procedure and provide information to the individual about their rights

Training and support are provided

SOLENT DIABETES ASSOCIATION CHARITY SHOP

West Street, Fareham

Shop Assistant

Sales assistants are required to join the friendly team.

Volunteers work in pairs in all areas to undertake all aspects of helping to run the shop including:

- Sorting donations
- Preparing items for sale
- Arranging displays
- Pricing
- Cleaning items on display
- Helping with customer queries
- Time commitment flexible Mon-Sat



BRITISH HEART FOUNDATION

Charity Shop, West Street, Fareham

Shop Assistant

Help needed to prepare donated items for sale, serve customers. Till work included. Training given.

Furniture & Electrical Goods Shop

West Street, Fareham

Sales Person –

Assist customers in the shop

Housekeeper/Merchandiser -

To help maintain cleanliness in the store; to price and display bric-a-brac attractively around the store. Knowledge of valuing not essential but would be helpful

Telephone Administrator –

Co-ordinate the collection of large donated items.

Warehouse Assistant –

Prepare stock for driver deliveries

Log incoming stock to computer

Replenish shop stock from warehouse

Build flat-pack items

Carry out some repairs

Volunteers must be capable of moving items of furniture and electrical equipment on the shop floor

FAREHAM ACCESS GROUP

Events Organiser

Fareham Access Group seeks someone with good organisational skills to help plan and arrange social events for group members including:

Trips out, guest speakers, Christmas lunch etc

ENABLE ABILITY

Transition Advocates

Trained volunteer advocates assist young people, who have disabilities, during the transition from childhood to adulthood by offering one-to-one support

Organisers of 46 volunteer-led day clubs for older and disabled people across the county

FAREHAM LUNCH CLUB

Helper

Fareham lunch club meets on the 1st and 3rd Tuesday of the month between 10am and 2pm at Fareham Community Church in West Street Fareham. Helpers are needed to prepare and serve meals and refreshments to over 20 club members



10TH FAREHAM SCOUT GROUP

This busy and vibrant group require:
Group Scout Leader (GSL). The GSL will provide support to the leaders and assistants. Current leaders would be able to progress into this post, with assistance provided by the Fareham East District and other local GSLs. Commitment averages 1 hour per week, with a few days during weekends in the summer.

'EYE CONTACT'

East Fareham

Administrator/PA

Providing administrative support for the charity's work supplying specialised equipment for blind children in Central Asia.

Tasks include:

Writing letters to Embassies, thank you letters and others as required.

Volunteers will need computer experience using Microsoft software.



You can find and apply for any of these vacancies online at www.do-it.org.uk. Search by postcode and subject of interest

HAMPSHIRE SEARCH & RESCUE (HANTSAR)

HANTSAR is one of many nationwide, county based Lowland Search and Rescue units. They provide highly trained volunteers to assist the police and other agencies to locate missing, vulnerable people in Hampshire and the Isle of Wight.

Fundraiser

We are looking for volunteers who would like to support HANTSAR by helping with fundraising, from organising events to helping on collection days.

Operational Searcher

Could you help search for a missing vulnerable person? If you are reasonably fit (can walk 5 miles in 2 hours), enjoy being out of doors and would like to do something to benefit the community, then this could be the opportunity for you.

Training Support

We are looking for volunteers who would like to support HANTSAR by helping with the delivery of training.

CIRCLES OF SUPPORT AND ACCOUNTABILITY

Volunteer Circles Member

Circles work in partnership with the police, prison and probation services to maintain formal support for released sex offenders for at least one year.

Volunteers work in groups of at least 3 with one offender to help support their re-integration into the community. Thorough induction and on-going training is given as well as supervision and professional support.

Volunteers should be able to respond in a non-judgemental way towards someone who has committed a sexual offence and be committed to the principle of restorative justice

Commitment is 1-2 hours per week for at least one year.

NATIONAL TRUST

Various roles



The National Trust was founded by volunteers in 1895 and thus from the outset volunteers have been integral to safeguarding and presenting houses, gardens, countryside and

coastline. In Thames and Solent Region they have windmills and chapels, country estates, town centre properties, a rocket testing site and lots of countryside in between

Help is needed with:

Catering

Gardening

Running on-site shops

Sign language interpreting (BSL qualified)

Story telling

And to help run or participate in **residential working holidays** for young people and adults

SUE RYDER CARE – Charity shop West Street, Fareham

Shop Assistants are needed for this new shop to provide:

Till cover

Sorting

Steaming

Supervise the shop floor

Gain valuable retail experience

SUE RYDER CARE – Charity Shop Stubbington Village

Shop Assistant – to help with all aspects of retail business:

Stock processing

Merchandising

Cash handling

Customer service

Driver's Mate – to assist with furniture collections in the area. Heavy lifting required.



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HAMPSHIRE

FAMILY MENTORING NETWORK

Gosport area

Mentors

Working in partnership with families in crisis who have children aged 5 and over.

Mentors provide support, encouragement by building a committed and trusting relationship with a family

Full training and support given

CATCH 22

(Formerly Rainer South East Training)

Mentors

Volunteer Mentors support the work-based learning programmes for young people who are not engaged in education, training or employment to enable them to meet their personal and career objectives

No previous experience required, just:

Listen with empathy

Have a positive attitude

The desire to support any young person

WICKHAM COMMUNITY CENTRE

After School helpers

The free After School Drop-In service for 9-16 year olds needs helpers to monitor activities.

Can you help us provide a caring and safe environment with an IT suite for homework, games, healthy eating and sport etc?

Training given.

Internet Café IT Support

We have an IT suite with up to 8 PC's and broadband connection which is used to support our After School Drop-In Club for parents and carers and general casual users.



We need help to maintain the system and deliver some limited basic training.



HEADWAY PORTSMOUTH

St James' Hospital

Supporting adults with acquired brain injury

Gardening Project Assistant

Interest in gardening. Caring nature and positive attitude to disability is essential.

Use of a car, full license and appropriate insurance will be required to transport a small number of users to and from the base to the allotments.

Any additional costs for car insurance would be reimbursed as would travel expenses

Activity Session Volunteer

Activity session volunteers are sought to work alongside trained staff with groups of 6-7 service users during activities including:

Memory sessions
Art and crafts
Socialising and interacting
Gardening
IT skills

Commitment flexible Mon-Fri
Protection of Vulnerable Adults (POVA) training given as well as on-going support

KIDS FAMILY CENTRE, Fareham

Various opportunities



KIDS provides projects and services to disabled children, young people and their families.

From early years, developmental play, nursery, short breaks and respite care, young carers, after school clubs as well as providing vital support, information and advice to families and fellow social care professionals

They are looking for support with:

Fundraising
Marketing
Gardening
Play workers

ANXIETY ALLIANCE

Help-line volunteers

They Anxiety Alliance operates across the UK to offer support and self-help to those who suffer from anxiety disorders, panic attacks and obsessive compulsive disorder, together with those who wish to withdraw from tranquilliser and anti-depressants.



After 8 weekly sessions of training (distance learning), volunteers work from their own home to support the telephone help-line.

Telephone numbers are kept confidential and expenses are paid

Prior knowledge or understanding of anxiety disorders or counselling is desirable

ODYSSEY YOUTH CENTRE

Portchester

Volunteer Youth Worker

Volunteers support and assist trained youth workers to provide a safe environment for young people aged 15-19 to meet as well as helping to organise events and activities.

Activities include a balance of creativity, sport, leisure and information appropriate to the age group e.g. Music, cooking, art and craft, healthy eating, sexual health, drugs awareness

Volunteers with skills to share are welcomed

This opportunity would suit students seeking to pursue a career in youth work

Volunteers who are able to make a regular long-term commitment (1 session per week over 1 year) will have the option for funding to work towards a Youth Work qualification up to NVQ level 2



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**YMCA FAIRTHORNE
Botley**

Nursery Assistant

Assisting nursery staff with the day to day running of the nursery, including feeding, planning and delivering activities, arts and crafts. The nursery provides day care for children aged 4 months to school age and takes full advantage of its location in an 11 acre outdoor activity centre.

Daycamps Assistant

Daycamps take place every weekday throughout all school holidays. Volunteers assist the programme team delivering outdoor activities such as kayaking, abseiling, rock climbing and sailing to groups of school aged children. Volunteers will work alongside fully trained outdoor instructors helping gather and distribute equipment and supervising/running activities.

These are great opportunities for someone considering a career in child care

We also have information on nursery and day camp opportunities in Gosport, Portsmouth and Southampton

Trustees

YMCA Fairthorne Group are currently looking for volunteers to join their board of trustees. We are happy to recruit any mature people who are enthusiastic, keen and have regular time to spare.



GUIDE DOGS

Fareham & Gosport Branch

Fundraisers

Do you enjoy meeting new people?
Are you friendly and outgoing?
Would you like to make a difference?

If you answered **yes** to the above then helping your local Guide Dogs fundraising branch may be for you.

New volunteers are needed to help this friendly group with their events in the Fareham and Gosport area.



FRIDAY CLUB

Club Helper

Friday Club works in affiliation with **Fareham & Gosport Mencap** meeting in central Fareham on alternate Fridays to provide an evening club 7-9pm for people with learning disabilities

Can you please help with:
Befriending club members
Setting up and clearing away tables etc.
Making refreshments

All you need is patience and a good sense of humour

**HAMPSHIRE PLAYING FIELDS
ASSOCIATION**

Technical Advisor – Hampshire



Volunteers with grounds management experience are sought to advise parish councils and local groups to deal with problems such as drainage, moss etc.

All travelling expenses will be paid

**FRIENDS OF HAWTHORNE COURT
NURSING HOME, Sarisbury Green**

Fundraisers

New members are needed to join the fundraising team and help raise funds to provide additional facilities for the residents of Hawthorne Court. They are currently funding a 'Sensory Room' and have purchased Christmas decorations and provide emergency wash-bags for new residents.

Fundraising activities include: coffee mornings; sponsored walks; raffles etc.

Volunteers with new ideas or useful contacts to help support fundraising efforts or willing to do some gardening would all be very welcome

No previous experience required
An interest in and ability to communicate with the elderly
The group meets at Hawthorne Court

Action For Families Enduring Criminal Trauma (A.F.F.E.C.T.)

A.F.F.E.C.T volunteers provide court support, counselling, advice, information and facilitate group meetings for the family and friends of serious offenders. New volunteers with basic counselling skills preferred, but training can be provided. **A.F.F.E.C.T supports families throughout South Hampshire**



BritishRedCross

RED CROSS

Fareham/Portchester area

First Aid Volunteers are needed to provide first aid at public events
Full initial and on-going training is given.
Work wear, equipment and out of pocket expenses provided. Enhanced skills training is available to become ambulance crew members

HAMPSHIRE CONSERVATION VOLUNTEERS

The group does practical work at weekends on a variety of important and interesting sites across the Hampshire countryside.

Volunteer tasks include: Coppicing, hedge laying, fencing, scrub control; footpath work and pond maintenance.

No experience needed, but an interest in the environment



Keep Britain Tidy

Fed up with litter? Like to make where you live a better place?

Well now's your big chance. Keep Britain Tidy is launching **the Big Tidy Up**, the country's biggest ever litter tidy up!

Keep Britain Tidy tidy ups can happen anytime throughout the year.

Schools, groups, businesses, or even just you and your mates - lets all get together and have a great Big Tidy Up!

See: www.thebigtidyup.org for more information



Witness Service Volunteer

Witness Service Volunteers enable witnesses and their supporters to deal with the experience of attending court and giving evidence by providing free and confidential support, advice and information on the day of the trial.

Volunteers are rewarded by seeing the difference the Witness Service can make to people whose lives are affected by crime. You will receive training, supervision and the opportunity to meet new people.

Skills needed:

Good communication skills

A mature attitude

Ability to work as a team

Able to commit one day per fortnight

OPEN SIGHT Hampshire

Resource Equipment Demonstrators

Demonstrators visit social clubs for visually impaired adults to inform them about helpful aids and equipment to make their lives easier.

Training will be given.

Travel expenses are paid

Coffee Morning Co-ordinator

Would you like to organise and run a coffee morning at Starbucks? Venue, coffee, cakes and a tasting provided. You would need to advertise and host the event and run a small raffle at the end.

Art & Craft Makers

Creative people needed to design and make homemade products for us to sell.

Fund Finders

A fund finder will discuss fund-raising ideas generally.

Employ a variety of methods to raise money such as car boot sales, balls, appeals to companies & 'useful' sponsorship events.

PR/Representative

We are looking for a confident volunteer who can go out into the community and meet with local businesses and shops to gain support / sponsorship for Open Sight's Community Fundraising events.

FAREHAM & GOSPORT DUKE OF EDINBURGH'S AWARD

Minutes Secretary

Take minutes of meetings and write occasional letters.
Minute taking experience would be helpful
Typing/basic IT skills are needed

Publicity Officer

To contact groups for award news and to promulgate this to local press, TV and Radio
Skills needed:
Good creative writing skills
Outgoing, persuasive personality
Confident public speaker
PR experience would be a bonus

**PORTSMOUTH HOSPITALS NHS TRUST
Hospital Guides QA Hospital, Cosham**

The Voluntary Services Department are looking for people who are able to offer a few hours a week on a regular basis to volunteer as Guides at either St Mary's or Queen Alexandra Hospital.

Guides help visitors to overcome any feelings of uncertainty or isolation when they visit hospital and help them reach the area where they need to be.

You must be over 16 years of age and in good health due to the amount of walking around the hospital. You will also need to be friendly and enjoy talking to people and putting them at ease.

THE ROYAL BRITISH LEGION

Poppy Collectors

We are looking for people to join our team of volunteers. To help us keep our annual Poppy Appeal growing. Without volunteer collectors out there on the streets, this great cause would grind to a halt.

Trustees

Passionate about wildlife? You could make a difference by being a trustee of one of the UK's most dynamic conservation charities. We are looking for individuals who have the time and enthusiasm to become a trustee of this young, vibrant and dynamic conservation charity.

- § Specifically we are looking to recruit trustees with fundraising experience - in particular raising funds from individuals and the corporate sector.
- § Hours: flexible. There are 6 board meetings a year mostly daytime during the week.
- § Also occasional weekend or evening meetings including telephone conferences.

THE SOCIETY OF ST JAMES

The Bridge - Eastleigh

The Bridge is an Open Access Drug Service providing individual and group support to people with drug and alcohol addictions.

Volunteers are a vital part of this work, bringing their personal experience of addiction and recovery to support service users.

Roles include:

- Reception/administration duties
- Peer mentoring/buddying
- Support and information giving
- Co-facilitation of groups

Full support and initial and on-going training is provided by qualified professionals

Out of pocket expenses paid

This is a great opportunity for volunteers to gain both professional experience and personal confidence



Fareham Volunteer Centre

163 West Street, Fareham
01329 223 140

enquiries@farehamvolunteers.org.uk



You can find and apply for any of these vacancies online at www.do-it.org.uk. Search by postcode and subject of interest

THE VILLAGE FOLK CLUB

Catisfield

The club meets on the first Saturday of every month to entertain and have fun while keeping alive our musical and cultural heritage. General helpers are needed to set up the room and help new members feel welcome. Other help required:

MC

Greet and introduce guests; invite members to perform if they chose; keep the evening running to time

Would suit a friendly, confident person with a sense of humour! Musical skills not essential but would be a bonus

Ticket Sales Person

Take money from members at the door
Arrange payment for premises and guest performers

Keep records

Raffle Organiser

Organise raffle prizes and tickets in liaison with club organizer

Sell tickets during interval

Help with the draw



ALEX CURTIS MEMORIAL TRUST

The trust promotes asthma/allergy awareness in schools through talks and educational material.

Volunteer Area Co-ordinator

Volunteers are trained to approach schools, colleges and universities to set up talks for pupils, staff and parents

They also recruit and supervise other volunteers to help with this work and organise local fundraising

HELP IN BEREAVEMENT

Help in Bereavement are looking for volunteer visitors who can visit bereaved people in the local area and have a good listening ear.

They are holding an open evening on Wednesday 15th July 2009 at Cosham Baptist Church Hall at 7.15pm for anyone interested in volunteering.

BURSLEDON BRICKWORKS INDUSTRIAL MUSEUM

Swanwick



Home to a collection of artefacts telling the story of the site's history and how traditional building

materials are used in construction and conservation. Help is sought to maintain and expand this important resource to benefit visitors and researchers alike:-

Collections Recorders and Collections Compilers

To work as a team to research, identify, photograph and collate information on all the artefacts in the collection.

Store data on an Excel spreadsheet

Commitment: This project is expected to take 2 years

Exhibits Supervisor

§ Maintain exhibition area in good and safe order, including signage and reporting damage to exhibits

§ Answer questions from the visiting public

Marketing and Fundraising

§ Work with the General Manager to seek sponsors and other sources of funding

§ Liaise with the media about events

§ Help with publicity material

Marketing experience preferred

Cleaners

To work as a team to keep all areas in good, safe and clean order. Including offices, display areas, coffee shop, toilets etc.

General handyperson

§ To help improve the display areas for the benefit of visitors including:

§ Re-organising storage and display areas

§ Erecting shelving

§ Moving exhibits



FAREHAM MUSICAL SOCIETY



FMS performs twice a year at Ferneham Hall as well as fundraisers for the society and other charities.

Rehearsals are held weekday evenings at Henry Cort school.

Off-stage Helper

Volunteers aged 16+ are needed for back stage help with:
Costumes; props; scene changes; repairs and prompting.

This would suit a good team player with organisational skills, and ability to work to deadlines and budget.



BAIL FOR IMMIGRATION DETAINEES (South)

BID exists to provide a free bail service to detainees in immigration removal centres (IRCs). It could not function without the support and commitment of volunteers

Volunteer Assistant Caseworkers

Support the Duty Legal Officer in the preparation of bail hearings in support of detainees in Haslar IRC. Tasks will include administrative duties, information gathering, assisting BID staff with workshops in IRCs

No legal experience necessary
Speaking languages other than English would be helpful



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CHICKS

(Country Holidays for Inner City Kids) provides free respite breaks for underprivileged children aged 8 - 15 from all parts of the UK, who would not otherwise have a holiday.

Could you give 6 days of your time to be a **volunteer helper?**

You must be able to play, read, have fun, join in, get wet, drink tea, stay awake, sing Karaoke, dance, climb, swim, bowl, bounce, play football, rugby, chess, ride bikes and horses! But not at the same time!!

Nothing is compulsory - your job is to be there for the children if they need you and sometimes when they don't.

HAMPSHIRE SCHOOL GOVERNOR SERVICE

School Governors

This is an ideal opportunity to develop your own skills and contribute to the community at the same time.

There are 130 governor vacancies in Fareham and Gosport of which 35 are for **Community Governors.**

Community governors are appointed by the governing body to represent community interests. They can be people who live or work in the community served by the school or anyone else who is committed to good governance and the success of the school. You would be required around 20 hours per school term on duties which include attending meetings, reading documents and attending the school.

A recruitment event will take place on: Wednesday 11th November 2009 (6pm-8pm) at The Dame Judith Professional Centre, Cosham



MAGISTRATES SERVICE

Did you know that magistrates, also known as Justices of the Peace (JPs) are volunteers?

People with common sense, personal integrity and knowledge of the local community are needed to deal with most criminal cases in local Magistrates' court. Issues such as local authority prosecutions and Customs & Excise can appear before court.

No legal knowledge is necessary as the Clerk is there to advise.

Magistrates sit as part of a 'bench' of three, so no one has to take decisions on their own. There is a lot of ongoing training and support.

Every new magistrate has a mentor for the first two years and expenses are paid, including loss of earnings, at a set rate, if appropriate.

The time commitment is a minimum of 26 half days each year and you do have to be available for full day sittings. A rota system is worked out well in advance.

When Required : Mon-Fri day

RNIB

Royal National Institute of Blind People

The RNIB provides a range of support and information services for blind and partially sighted people. They are looking for lots of varied support:

- Researchers
- Home Visitors
- Braille Transcriber
- Event Volunteer
- Home Technology Support
- Researchers
- Sooty Box Collector
- Talking Books Home Facilitator
- Transcription Officer



You can find and apply for any of these vacancies online at www.do-it.org.uk.

Search by postcode and subject of interest

3RD PORTCHESTER SCOUTS

Scout Leaders & Skilled Instructors

are needed to help this busy and popular Sea Scouts group to run a packed programme of activities for boys and girls aged 10½ to 14 including:

Sailing, kayaking, wild camping, indoor climbing and shooting



Contact the Volunteer Centre for more information on any of these vacancies



163 West Street, Fareham PO16 0EF

Tel: 01329 223 140 Email: Enquiries@farehamvolunteers.org.uk

Open Mon- 9am-2pm Fri 9:30am-12

Community Action Fareham: Registered Charity No. 1056395 Chief Executive Paul O'Beirne
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