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The newsletter of the National Academy for Parenting Practitioners

Welcome to the first of our new-look newsletters. Each fortnight we will be keeping you informed of the work of the parenting academy, with ideas from research and good practice to help those of you working with parents to develop your skills, along with case studies, the latest parenting programmes on the toolkit, training places and important events. We are keen to hear your views about anything you'd like us to include, so if you have any feedback do [contact us](#).

-  Latest news
-  Your practice
-  Research

Latest news

Training in the spotlight: Incredible Years Mother and Baby in Lewisham, London

Following the success of the Incredible Years Basic training in New Cross earlier this year parenting academy trained Parenting Coordinator for Welcare Lewisham, Sandra Rotenberg has hit another high with ten local mothers and babies graduating from the Mother and Baby element of the programme. [Read full story](#)



Find out more:

- [Training in the spotlight: Incredible Years in New Cross, London](#)
- [Evidence shows the long-term benefits of Incredible Years](#)
- [Incredible Years training programme \[PDF, 45 KB\]](#)

Your practice

Explaining evidence based practice

What is evidence based practice? Evidence based approaches are gaining popularity in many professions and sectors, in social services, policing and health care. The term evidence based practice is used to describe the parenting programmes recommended by the parenting academy and the research approaches used to validate and evaluate them. But what is it and what does it mean to be an evidence based practitioner? [Read full article](#)



How to use evidence in your practice:

- [What all practitioners need to know to deliver evidence based parenting support \[PDF, 77 KB\]](#)
- [What works in supporting parents who misuse drugs and alcohol \[PDF, 95 KB\]](#)
- [What works in supporting teenage parents \[PDF, 110 KB\]](#)

Research

Knowledge Centre

The parenting academy's relaunched website has a new feature which reflects our commitment to disseminating the latest knowledge and related sector updates to the parenting workforce.

Our Knowledge Centre is the place to access and search for the latest information and news about policy, research and good practice. It provides a dynamic collection of classified resources with new items regularly updating our RSS feed and the Sector news area of our website. The Knowledge Centre includes key parenting academy documents and publications, articles from relevant journals, policy papers and sector specific news. [Visit the Knowledge Centre](#)



If you do not wish to receive emails from us in future please [unsubscribe](#) from our mailing list. The parenting academy will never disclose your details to third parties. Read more about our [privacy policy](#).

Latest items:

- [Every night you cry: the realities of having a parent in prison](#)
- [House of Commons written answer: outreach workers](#)
- [Getting it right for children and families](#)

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